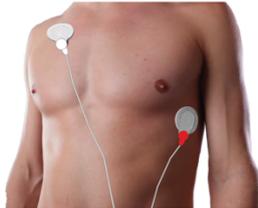


## 1. Wear your HeartBug all the time

Your doctor has enrolled you for either a week or a month. Please wear your HeartBug the whole time (even when you are sleeping in bed) starting from now, as we are unable to give extensions.



Place stickers and leads like this. White on right!



Wear around your neck, on belt or in pocket.

### Remove HeartBug to shower



Remove HeartBug. Leave stickers on.



Don't scrub stickers. Pat with towel to dry.

When you connect your leads, HeartBug will play the “hello” tune and flash the green light. There is also a “goodbye” tune (and red flashes) when you disconnect. These tunes tell you that HeartBug is working properly. If you do not hear these tunes, call us on 1800 529 275 for help.

## 2. Send every morning and evening

Please send every morning and evening. Your HeartBug is monitoring all the time and there will be automatic recordings in there which are important. We are serious about you sending every morning and evening, so we will send you reminders if you are not doing this (and maybe call you as well!) Send using your telephone. If you're using a landline, there's a number which you dial. If you have a smartphone, please use the app (don't dial the number) as it works much better.

### a) Using Landline



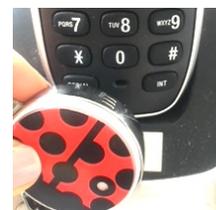
Remove HeartBug. Leave stickers on.



Dial 1800 529 275. Press 1 and listen.



After the beep, say your name.



Line up the slots with the mouthpiece. Don't use speakerphone.



Press red button to play. (Just press and release)

Wait until finished (up to 4 mins) then hang up



If you get interrupted, you can send again before you reconnect.

## b) Using Smartphone

Dear Michael, welcome to HeartBug! My name is Maria and I will be looking after you. To get started, download the HeartBug app here: iPhone <http://apple.co/1P1> Android <http://bit.ly/2> Feel free to call or text if you need any help :-)



Tap the link to download the app



Open the app and tap "Send my recordings"



Disconnect leads then tap YES



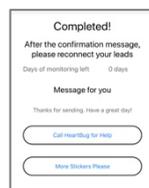
Put HeartBug next to microphone, tap NEXT



Press and release the red button on the HeartBug to play



When sounds have stopped tap FINISHED



Thankyou tells you how many days left



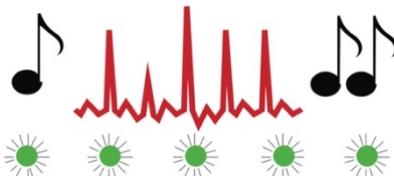
After confirmation, reconnect leads.

## 3. Record when you feel your symptoms

When you feel your symptoms press the red button. Don't worry about being too late, you have up to 40 seconds to press it. HeartBug will record for 40 sec, so just relax, sit still and don't flap your arms! Then go on the app and tell us what you were feeling.



Press and release the red button to record.



Records for 40 seconds and flashes. Beeps at the start and end.



Smartphone? Open the app and tell us what you're feeling.

## Nice to know!

### The Memory

There's room for 8 recordings. You can check how many. Take off one lead. After "goodbye" tune, count the beeps/flashes:

Eg:  = 3 recordings



Long beep means memory full. Send now to clear memory.

### Battery

The Battery should last 3-4 weeks. If you hear 3 long low sad beeps with red flashes, then it's time to change your battery.

There's a spare one in your box. Here's how to do it:



Twist to remove Push out

### Automatic Recordings

If you hear a beep or two don't worry, that's just your HeartBug making a recording by itself.



### Stickers

These should last at least a week. If one falls off, just replace it. For best results, place over bone eg your rib and collarbone. Need more stickers? Call us on **1800 529 275**